



**1st SAARC Conference of Physiological Societies & 11th Biennial Conference of Pakistan Physiological Society**

on

**PHYSIOLOGY UPDATES**  
**Trends, Opportunities & Challenges**  
November 10-12, 2008

with pre-conference symposium on  
**Bioethics & Challenges in Medical Education**  
November 10, 2008

Shifa College of Medicine, Islamabad, Pakistan



**Second Announcement and Call for Abstracts**



## 1st SAARC Conference on Physiology Updates

ISLAMABAD - PAKISTAN

### DEAR COLLEAGUE,

On behalf of the Pakistan Physiological Society (PPS) and Shifa College of Medicine, Islamabad we take the pleasure in inviting you to participate in the First SAARC Conference on "Physiology Updates" November 10-12, 2008. The scientific programme will cover all sub-disciplines of physiology and will place special emphasis on bioethics by organizing a symposium "Bioethics and Challenges in Medical Education" as its main theme. The conference will provide opportunities to physiologists to broaden their vision on contemporary aspects of medical education and research in various sub-disciplines of physiology and is aimed to strengthen the links between physiologists in Pakistan and the region.

In addition to the conference and symposium pre-conference workshops will also be organized for junior faculty, young researchers and trainees.

We hope that you benefit from this conference and look forward to your active participation in this mega event.

Dr. M Nasir Afzal

*Chairman, Organizing Committee*

Professor & Head of Physiology

Department of Basic Health Sciences

Shifa College of Medicine, Sector H-8/4, Islamabad, Pakistan

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# 1st SAARC Conference on Physiology Updates

ISLAMABAD - PAKISTAN



## OBJECTIVES OF THE CONFERENCE

The main purpose of the conference is to provide a platform for exchange of information, ideas and concepts. This will not only stimulate further research but will also provide an opportunity for collaboration to the scientists and medical teachers of SAARC and other countries of the region.

## SCIENTIFIC PROGRAMME

The scientific programme will include

- Plenary lectures
- Invited lectures
- Oral presentations
- Poster sessions

Proceedings of the conference will be published as a special supplement of “Pakistan Journal of Physiology” an official publication of Pakistan Physiological Society.

## LANGUAGE

The official language of the conference is English.

## GENERAL INFORMATION

### Accommodation

Islamabad has many deluxe hotels situated in and around the city. Moderately priced 3-star hotels and guest room are also available in Islamabad. Advance booking is however recommended.

### Foreign Currency

Registration fees at the Conference desk can also be paid in cash. Currency conversion to Pakistani Rupee will be available at the counter of all five star hotels and commercial banks (open Monday to Saturday). Current exchange rate against US\$ 1 = Pak Rs. 61.00.

### Visa Requirements

All foreign delegates are requested to check with their local Pakistani Embassy or Consulate for advice.



## 1st SAARC Conference on Physiology Updates ISLAMABAD - PAKISTAN

### CITY OF ISLAMABAD

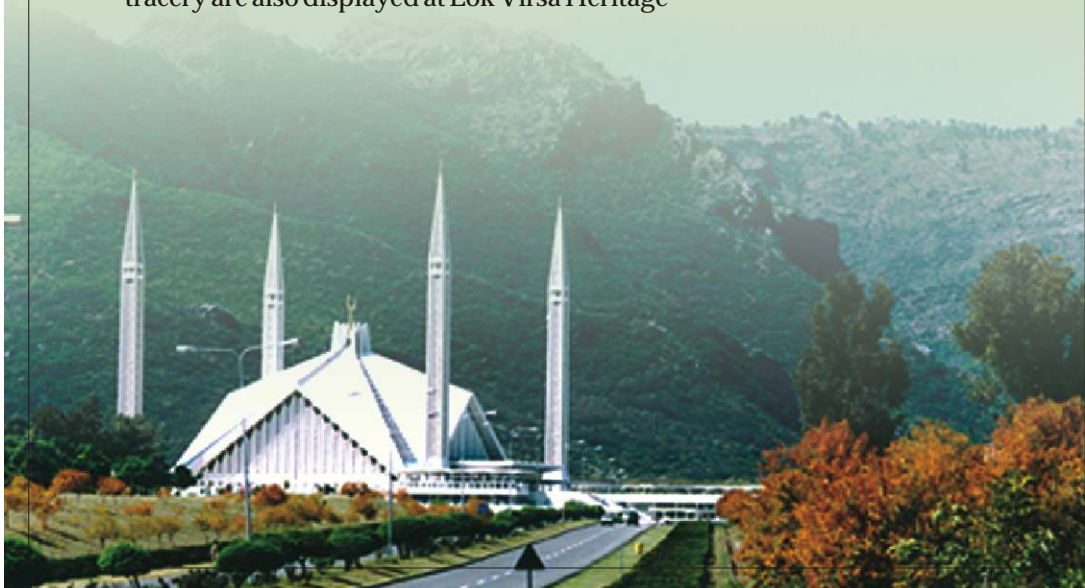
Islamabad, the capital of Pakistan, is located against the backdrop of Margalla Hills at the northern edge of Potohar Plateau. It is a modern and carefully planned lush green, spacious and beautiful city. The city of Islamabad also offers some very important sites in the neighborhood, which are worth seeing. There are ample opportunities for walking, jogging, hiking and trekking around Islamabad in the Margalla Hills.

### SHAH FAISAL MOSQUE

This beautiful mosque was designed by a renowned Turkish Architect, Vedat Dalokay and named after the late King Faisal of Saudi Arabia. It is spread over 1,89,705 sq. metres with 88 meters high minarets and 40 meters high main prayer hall. The main prayer hall can accommodate 10,000 persons while the covered porticos and verandahs can take over 24,000 worshippers. The main courtyard has space for 40,000 people.

### LOK VIRSA MUSEUM

The Lok Virsa (National Institute of Folk & Traditional Heritage) works towards preserving the living folk and traditional culture of Pakistan. Its Folk Heritage Museum, located near Shakarparian Hills, has a large display of embroidered costumes, jewellery, woodwork, metal work, block printing, ivory and bone work. Traditional architecture facades exhibiting such skills as fresco, mirror work, marble inlay, tile mosaic and stucco tracery are also displayed at Lok Virsa Heritage





## TAXILA

Gandhara remains had once been the hallowed center of Buddhism, the cradle of the world famous Gandhara sculpture, culture and learning. Lying in Haro River valley. Taxila, the main center of Gandhara, is over 3,000 years old as it had attracted the attention of the great conqueror, Alexander in 327 BC, when it was a province of the powerful Achaemenian Empire. Pilgrims and travelers are attracted to Gandhara from as far as China and Greece.

## MURREE HILLS

It is one and a half hours drive to Murree from Islamabad on the 55 km well carpeted winding road. Murree, known as the Queen of Hills is 2,413 meters high. Perhaps, the most sought out is the beautiful Nathiagali, 32 km from Murree and perched 2501 meters high. Ayubia and Patriate are famous for chair lift ride. Bhurban, which is 9 km from Murree, is known for its nine-hole golf course, panoramic view of the forested hills around and a 5-star hotel.

## FORT ROHTAS

Rohtas Fort is 109 km from Rawalpindi. It is located about 6 km south-west of Dina Town. The fort is one of the most impressive historical monuments in Pakistan. It was built by Afghan ruler Sher Shah Suri, between 1540 and 1547 AD. It served as a huge fortified base for military operations against Gakkhars by Sher Shah Suri. It was later used by Mughal emperor Akbar and Sikhs. Within the huge terraced rampart walls with robust bastions and twelve gates, is located another fortress, palaces and ancillary buildings.





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### DATES TO REMEMBER

Abstract Submission : July 31, 2008

Registration:

for the conference : July 31, 2008

for the Pre-conference workshop : September 30, 2008  
(separate registration required)

Accommodation forms and : July 31, 2008  
Abstracts (if submitting) must  
accompany registration form  
along with the appropriate fee

Completed registration form, accommodation form corresponding to the number of nights wish to stay and abstract along with the bank draft payable to Pakistan Physiological Society A/C no. 2211-700007-8103 should be sent to the Chairman, Organizing Committee either electronically or by post or fax.

The conference secretariat will be happy in providing assistance in obtaining accommodation.



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November 10-12, 2008, Islamabad, Pakistan

### REGISTRATION FORM

Family Name \_\_\_\_\_ First Name \_\_\_\_\_

Address for Correspondence: \_\_\_\_\_

\_\_\_\_\_ City \_\_\_\_\_

Country \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-Mail \_\_\_\_\_ Accompanying person(s) \_\_\_\_\_

**Registration Fee\*:**

Status	Before Oct. 31, 2007	After Oct 31, 2007
PPS Members	PKRs. 800	PKRs. 1000
Non - Members	PKRs. 1000	PKRs. 1200
Student**	PKRs. 400	PKRs. 600
Delegates from SAARC	US\$ 120	US\$ 150
Foreign Delegates / Accompanying Persons	US\$ 200	US\$ 250

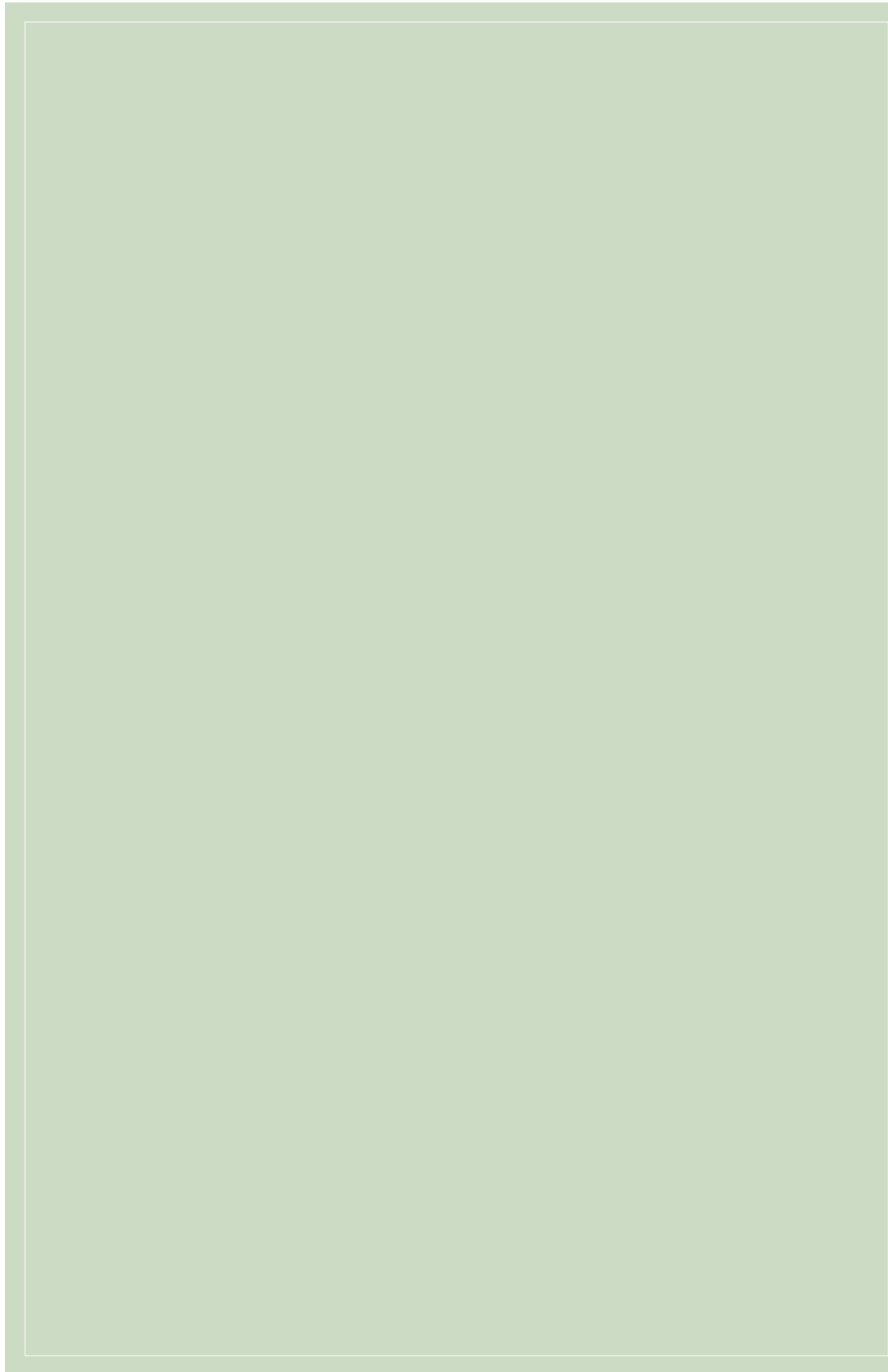
\*The registration fee includes entry to scientific sessions, poster sessions, exhibition, full set of abstracts, a copy of the conference programme, conference banquet, conference bag, cultural/musical evening and free transportation from hotels to the venue of the conference.

In case of cancellation, the fees will be refunded after a deduction of 50% of the fee. Requests for refunds must be made in writing to the address below. No cancellation will be made after September 30, 2008.

\*\* Students are required to produce a certificate from their Institution.

**Accommodation Tarrif (per night)**

4-5 Star Hotels Approx. Rs. 5,000 to 7,000  
3 Star Hotels Approx. Rs. 3,000 to 5,000  
Guest House. Approx. Rs. 1,000 to 2,000



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### ABSTRACT FORM

Oral Presentation

Poster

Title: \_\_\_\_\_  
\_\_\_\_\_

Authors (in sequence with \* on the name of presenting Author):  
\_\_\_\_\_

Institution: \_\_\_\_\_

Presenting Author: \_\_\_\_\_

Designation & Affiliation: \_\_\_\_\_  
\_\_\_\_\_

Address for Correspondence: \_\_\_\_\_  
\_\_\_\_\_

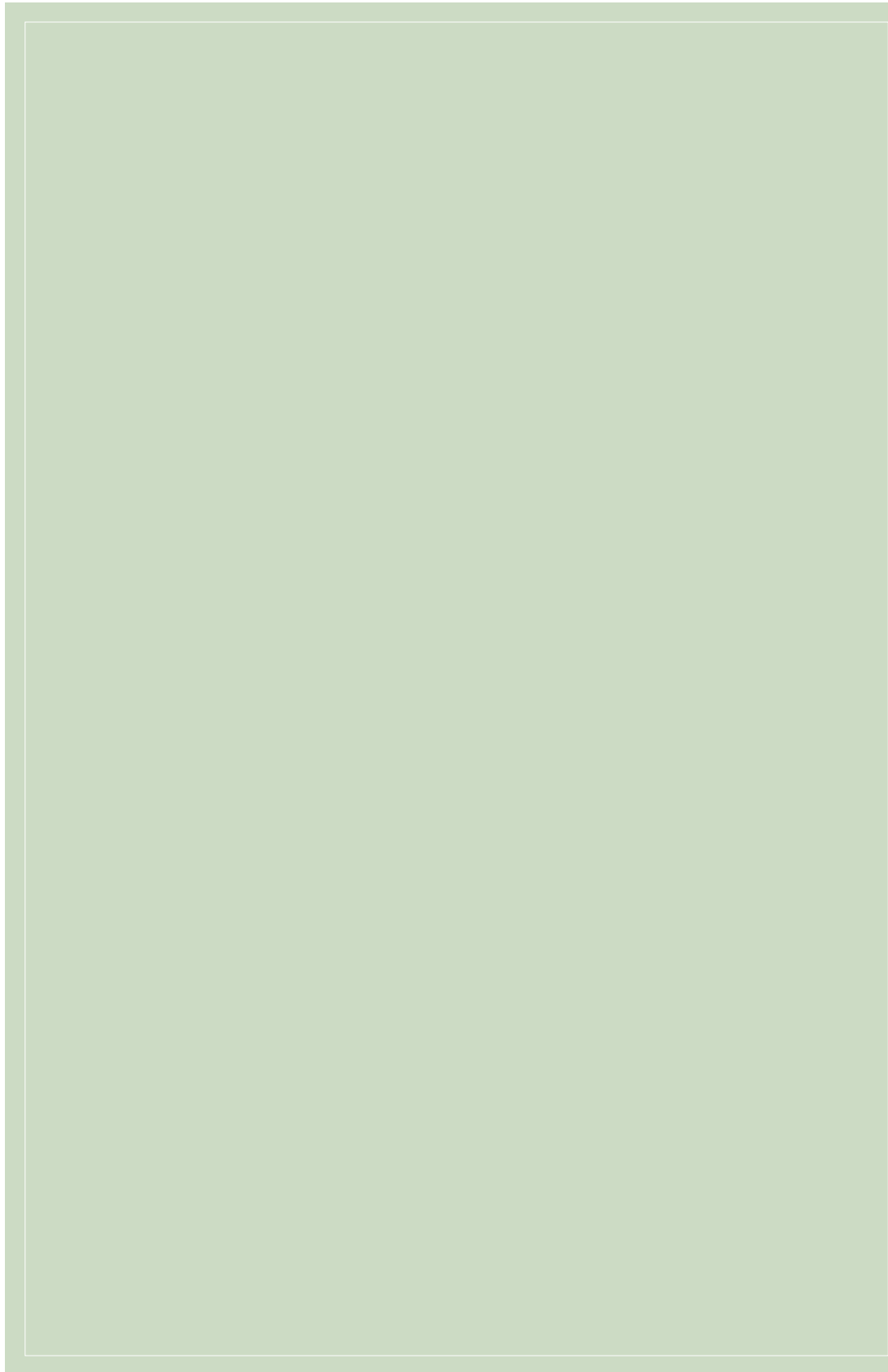
Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**Instructions For Preparing Abstracts:**

Maximum 250 words, structured abstract (with subheadings Objective, Methods, Results & Conclusion for original studies), typed in MS Word format (Font: Times New Roman, Size: 12, Line spacing: 1.0) may please be sent as an Email attachment or by Post by July.31.2008 at the following addresses.

Email: nasirafzal@hotmail.com OR drmmazhar@yahoo.com

Postal Address:  
Dr. M. Nasir Afzal  
Professor & Head of Physiology  
Department of Basic Health Sciences  
Shifa College of Medicine  
Sector H-8/4, Islamabad. Pakistan

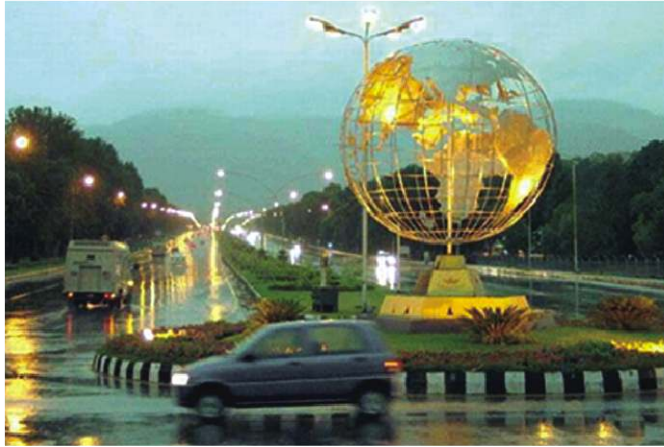


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