Pakistan Journal of Physiology

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Pakistan Journal of Physiology publishes scholarly work from medical and allied subjects (all basic medical sciences and related clinical subjects) including medical education as well as from biological and biomedical sciences. The manuscripts submitted for publication may be in the form of an original research (randomized controlled trial, meta-analysis, quasi experimental study, case control study, cohort study or cross-sectional analytical study), review article, case report, book review, recent advances, new techniques, debates, adverse drug reports, current practices, audit report, evidence-based report, short communication or a letter to the editor. Studies more than five years old at the time of submission are not entertained. Pakistan Journal of Physiology does not accept multiple studies/multiple end publications gathered/derived from a single research project or data (wholly or in part) known as ‘salami slices’. The Journal discourages submission of more than one article dealing with related aspects of the same study.

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After the manuscript is received it undergoes preliminary editorial review. Decision whether the manuscript will be processed for publication or it is unsuitable for publication in PJP will be intimated to the corresponding author. Manuscripts found suitable for publication undergo peer review process which may take minimum two to four months. Each manuscript is sent to two peer reviewers. Suggestions given by the peer reviewers are intimated to the corresponding author for necessary corrections. After this the manuscript undergoes final editorial review and the composing process. The processed manuscript is finally sent to the corresponding author for proof reading before declaring it
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General instructions:
The manuscript should be composed of a single Microsoft Word file with tables and figures placed at appropriate places within the text instead of putting at the end. The text should be single-spaced, single column with Arial or Times New Roman font style and 12-point font size. Manuscripts should be written in English in British or American style/format (same style should be followed throughout the whole text), in past tense and third person form of address. Sentences should not start with a number or figure. Present decimal figures up to 2 decimals only, e.g., 0.07 instead of 0.071. Use the full form of an abbreviation initially in the text before using the abbreviated form. Avoid capitalization except where it is grammatically required and for proper nouns. Inappropriately long or short sentences should be avoided.

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It should consist of critical overview/analysis of some relatively narrow topic providing background and the recent development with the reference of original literature. It should incorporate author's original work on the same subject. The length of the review article should not be more than 3,500 words with maximum 40 references. It should have unstructured abstract of 150 words with 3–10 keywords. An author can write a review article only if he/she has written a minimum of three original research articles on the same topic.

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The title should be clear, comprehensive, and concise. The length of title should not exceed 20 words. Do not capitalize the first letter of each word in the title unless it is a proper noun. Do not use abbreviations in the title.

**Abstract:**
Structure of an abstract should be in accordance to the article type. A structured abstract should consist of the following headings: **objective, methodology, results, conclusion, and keywords.** An unstructured abstract should follow a logical sequence. Methodology must contain type, place and duration of study in addition to brief data collection details. Do not use abbreviations and references in abstract.

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It presents a background and rationale for the study and is not the review of literature. It includes global, regional and local reports where appropriate. Cite only strictly pertinent references. State the purpose or objective of the study in the last paragraph without sub-headings. Explain the hypothesis and the requirement of the research. Do not include data or conclusions from the current study.

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Present the results in a logical sequence in the text, tables and illustrations. Do not repeat all the data of the tables or illustrations in the text. Emphasize or summarise important observations. Frequencies and
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3. Final approval of the version to be published; AND
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